Henrik Bresman is an Associate Professor of Organizational Behaviour at INSEAD and a recognized expert on leadership, high-performance teams, and organizational change. He regularly works with companies and public-sector organizations embarking on large-scale transformations.

Professor Bresman’s research draws on data from multiple contexts, including biotechnology, pharmaceuticals, aerospace, software development, healthcare, and government. His work has appeared in leading academic and practice journals, such as the Academy of Management Journal, Harvard Business Review, MIT Sloan Management Review, and Organization Science, as well as many media outlets, including the Economist, Financial Times, Forbes, the New York Times, Time, and the Wall Street Journal.

He is the co-author of the book X-Teams: How to Build Teams that Lead, Innovate, and Succeed (Harvard Business Review Press, 2023), which examines how teams at all levels can take on strategic leadership roles and change the direction of their organizations.

Professor Bresman’s teaching focuses on developing leaders for an exponentially changing world. He directs INSEAD’s flagship general management program for emerging leaders, the Management Acceleration Program, and the senior executive program, Leading for Results.

Before entering academia, Professor Bresman worked in several roles as a manager, management consultant, and entrepreneur. He co-founded a venture capital firm focused on early-stage technology businesses.

He is an experienced board member and keynote speaker. Bresman holds a BS and an MS in economics from the Stockholm School of Economics and a PhD in management from the Massachusetts Institute of Technology, where he was a Fulbright scholar.

**Research Areas**

High-Performance Teams, Innovation, Leadership

**Teaching Areas**

Leadership (Executive Education), High-Performance teams (Executive Education), Organisational Behaviour (EMBA), Organisational Behaviour (MBA)

**Industry Sectors**

Aerospace & Defence, Information Technology, Pharmaceuticals and Health